



VACATIONING GREEN GUIDE

If you would like to have a green vacation here are some tips to get you started.

- WALK
- BLUE BAGS
Lake Tahoe has a blue bag recycling system. You can put anything that can be recycled into the blue plastic bags. You do not have to separate items. You can recycle: cardboard, glass, plastic bottles, paper, metal, foil.....just no plastic bags. Put blue bags in the BEAR proof garbage container out front.
- Avoid plastic bags...like the plague.
- Wash ziplock bags. You can reuse them *several* times.
- Bring bags to the grocery store. There is usually a supply of grocery bags in the laundry room.
- Drink water from the tap. It has been tested and is very clean.
- Don't buy or use plastic water bottles. They are bad for your health and the planet.
- Only run a full dishwasher.
- Turn lights off when leaving rooms.
- Hang clothing to dry instead of using the dryer. Clothesline outside. Warm weather only :)
- Keep the heat on LOW in the evenings. Turning down the heat to 55° will save energy.
- Use green cleaning products. We like Method, biokleen, Bright Green, Dr. Bonners, Nancy Boy, and some of the Clorox green options.
- Use sponges or dishrags in place of paper towels. Lots of rags in cabinet left of window in kitchen.
- Flush the toilet only when necessary.
- Bring a travel mug to the coffee shop [The Java Hut, 8268 North Lake Blvd ~ best coffee & bagels in the area].
- Take short showers.
- Re-use your bath towels. You can probably get away with using it 3-4 times.....unless you're a really dirty person (which means that you take few showers thus saving h2O ~ hey, bonus ;)
- Bring containers to dinner if you think you will have leftovers. DO NOT ACCEPT STYROFOAM.
- Turn the heat way down when you go out for the day. We recommend 55°.
- Buy and eat only locally grown, organic, in season foods. Tahoe Central Market & Deli in Kings Beach, New Moon Foods in Truckee and Tahoe City, Moody's in Truckee, Soule Domain in CalNeva, & Big Water Grille in Incline are some of our favorites. Here's a website <http://tinyurl.com/mqutpb1>
- Walk or ride bikes downtown or to the store. The house is only 1/4 mile to the lake. If you'd like to rent cruiser bikes, contact Darilyn. We have a bunch and charge \$20 per bike.
- Do not throw left over food into the garbage. Food does not decompose in landfills. Landfills are so toxic that the food takes hundreds of years to break down wasting perfectly good energy for soil. Put food down disposal. You can even put used coffee and filters down the disposal. Do not put bones down disposal.
- Do NOT turn the hot tub down or off. The amount of energy it takes to get it up to the preferred heat after cooling is far higher than just leaving it alone.
- Use foil instead of plastic wrap. Foil can be recycled easily. Plastic wrap cannot be recycled at all. Better yet, use a reusable produce like Abeego.
- Fill up the sink with water if you choose to do dishes the old fashioned way. Letting the water run wastes water.
- Use Reduce, Reuse, Recycle, Reassess as a foundation. Reduce: use less. Reuse: lots of one use items can be reused. Look differently at products like zip lock bags. Recycle: everything. Reassess: if you have two choices, take the more sustainable, even if it is more expensive.

Wow....you have actually read this far. Kudos. We'll give you \$10 off your rental if you have tried at least 4 of the items on the list. Just let me know. THANKS!